How to Support Your Student Academically

Dr. Melva Williams
Associate Dean of the College
Start to treat your student like an adult. They are now the CEO of their college career

- Choosing their major
- Managing their course selections
- Developing relationships with their professors
- Studying
- Managing their own time
Questions to ask to stay involved with academic progress

• Are you attending all of your classes regularly?
• Are you studying at least 30 hours a week?

2 hours for every 1 hour of courses
(ex: 15 hours=30 hours study time)

• Have you been to the Student Resource Center?
  www.centenary.edu/src

Mrs. Kari Brownholland
Coordinator of the SRC (2nd Floor Magale Library)

• Are you reviewing all class material (such as reading assignments, lecture notes, and quizzes) on a weekly basis?
Questions to ask to stay involved with academic progress

- Do you know the important calendar dates, such as the last day to add/drop, withdrawal deadline, and next semester’s course registration date?
- Are you starting your assignments early?
- Have you met with your advisor?
- Have you visited your professors during their office hours?
Questions to ask to stay involved with academic progress

• Have you arranged tutoring sessions for your more challenging classes?
• Have you formed or joined a study group?
• Are you scheduling personal time?
Where are the GRADES?

- Grades are no longer sent home via US Mail only posted via BannerWeb
- Only deficient grades are mandated to be reported at mid-term
- Faculty and staff cannot disclose any information about a student's academic record
Updates and Reminders

Find out on social media

Twitter: @gentsregistrar
Facebook: facebook.com/centenaryregistrar

Confirmation from Ms. Monica Powell
Receive another bill in early December for Spring 14
What to Read

Suggested Reading List for Family Members of New Students

• The iConnected Parent: Staying Close to Your Kids in College (and Beyond) While Letting Them Grow Up
  by Barbara K. Hofe

• Don't Tell Me What To Do, Just Send Money
  Helen E. Johnson and Christine Schelhas-Miller

When children leave for college, many parents feel uncertain about their shifting roles. By emphasizing the importance of being a mentor to your college student. Don't Tell Me What To Do, Just Send Money shows parents how to influence their college student while still supporting their independence. The authors offers valuable insight into the minds of college students and provide parents with simple suggestions for improving communication with their children. Filled with humorous anecdotes and realistic dialogs between parents and students, this comprehensive guide covers a wide range of issues including financial matters, academic concerns, social adjustment, and postgraduate choices.
Let the Journey Begin: A Parent's Monthly Guide to the College Experience
Jacqueline Kiernan MacKay
As you and your first-year college student begin the school year, many questions may arise. Parent Orientation will be one opportunity to get answers to your questions. Knowing what to ask will help you maximize the benefits of your orientation. Use the strategies in Let the Journey Begin to tackle problems and find solutions.

When Kids Go to College: A Parents Guide to Changing Relationships
Barbara M. Newman and Philip Newman
This practical guide will answer that important question and tell you how to make the most of these exciting years. Topics covered in this book are: identity formation, values development, career exploration, social relationships, sexuality, alcohol and drug abuse, romantic relationships, dorm life, personal freedom, depression, discrimination, and college bureaucracy.
Empty Nest...Full Heart: the Journey from Home to College
Andrea Van Steenhouse, Ph.D.

The author chronicles the tumultuous journey from the senior year of high school, through the challenging summer, to the first year of college for students. Featuring an emphasis on the freshman experience, Empty Nest...Full Heart offers a lighthearted yet savvy look at this turbulent time. The book's generous and compassionate scope makes it lively, humorous, an emotionally resonant.

Helping Your First Year College Student Succeed
Richard H. Mullendore and Cathie Hatch
National Orientation Director's Association

This informational pamphlet focuses on "letting go" as a long-term process that should never be completed. The authors encourage parents to renegotiate their relationship with their student as an adult. This concise guide features ten sections about the major events and feelings parents and students will likely experience during the first year of college and offers suggestions for resolving these issues.
Letting Go: A Parents' Guide to Understanding the College Years
Karen Levin Coburn and Madge Lawrence Treeger

Letting Go leads parents through the period of transition that their student experiences between the junior year of high school and college graduation. The authors explain how to distinguish normal development stages from problems that may require parental or professional intervention. The new edition explains the differences between college life today and the college life parents experienced twenty or thirty years ago. It features a completely new resource guide that introduces parents to campus technology, useful websites, and other organizations providing information on a wide range of topics.
What should I do now?

- Encourage them
- Be interested but not critical of their academic choices
- Be mindful of sharing bad news from home
- Stay in touch...but not too much (Use technology)
- Don’t solve the problem...help them problem solve
- Keep your cool
- Smile
- Celebrate!