# Caring for Mind and Body We're here to help

Choose the mental or behavioral health solution that's right for you.

### Virtual Counseling\*

Consult with a Master Degreed Counselor. The amount of counseling sessions will be clinically appropriate based on the issue. This program is for short-term problem resolution, referral, and crisis intervention services.

Death of a Loved One
Relationship Issues 

Parenting
Issues When to use
Substance

Abuse 

Depression 

Stress & Anxiety

#### Virtual Psychologist Service

Service Speak with a licensed Psychologist for one-to-one session(s) to assess your symptoms and evaluate your medical, psychiatric and family history to determine a productive treatment plan.

Life Changes • Grief and Loss
Relationship Issues When to use

- Depression 

   Addiction
  - Stress Management

#### Virtual Psychiatrist Service\*\*

Connect with a U.S. based, board-certified Psychiatrist who can diagnose, treat, conduct psychotherapy and prescribe medications for a range of mental health disorders, as necessary.

• Panic Disorders • Bipolar Disorder • Addictive Behaviors

\*Counseling call centers are available 24/7 to assist with in-take information and advise on how to schedule your appointment with the counselor. Number of times you or a family member may call in for a different issue/problem is unlimited. Each issue will be handled separately, and the number of counseling sessions will be determined as clinically appropriate. This program is for short-term problem resolution, referral, and crisis intervention services. If you are experiencing an emergency, call 911, or go to your nearest emergency room. \*\*MyTelemedicine does not guarantee that a prescription will be written. MyTelemedicine does not prescribe DEA controlled substances, lifestyle drugs and certain other drugs which may be harmful because of their potential for abuse.

## Virtual Healthcare in Y<u>our</u> Hands.

For questions or help, please call 1.866.223.8831 info@getlyric.com

www.getlyric.com

