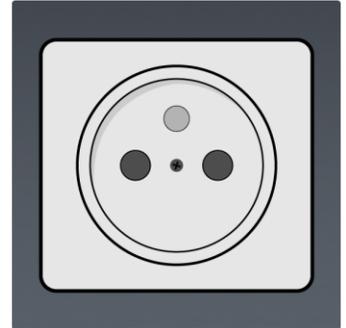


Packing Recommendations for Centenary in Paris

General Packing Tips

- **Purchase an Electronic Converter** - France's voltage for electricity ranges from 230-240 volts, whereas in the U.S. appliances use 110-volts of electricity. If you plan on bringing appliances that need electricity such as a hairdryer, electric razor, or other device, you will need to purchase a "converter" or a "transformer" to be able to use those appliances in France. Converters and transformers can be easily purchased at Wal-Mart, Target, Radio Shack, Best Buy, or even online at Amazon.com. A picture of an electrical outlet in France can be seen below.
- **Communicating Back Home** - Bring your smartphone to make phone calls using services such as Skype or Facetime. For such applications to work, all you need is Wi-Fi and there will be free Wi-Fi where you will be staying in the FIAP as well as in other local shops, restaurants, museums, and places you will visit.
- **Identify Your Luggage Easily** - Make sure your luggage is labeled with your name, address and telephone numbers inside and outside of each bag you plan to bring. Also, make a copy of your passport and keep it in each piece of your luggage that way if your bag is lost, you can be more easily identified as the owner.
- **Buy a TSA Approved Lock** - Purchase a Transportation Security Administration (TSA) approved lock. Having this lock will help you not only secure your bag when traveling, but also help to secure your items in your room and serve as a way to lock up your passport, travel documents, or even any valuables or souvenirs that you may purchase while in Paris.
- **Pack Light. You will be Thankful Later.** – You will need to be able to carry or roll whatever you bring with you so think about bringing only the essentials. Practice packing your bag before you go and then bring it with you one day while running errands. If it's too heavy and cumbersome during your practice run, considering leaving some of it at home. Remember, after traveling on a plane for more than 10 hours, your back and shoulders will thank you for you packing light once you arrive to your final destination.



What to Bring in Your Carry-On

- **Pack a Jacket and Extra Clothes** - Pack at least one extra outfit in your carry-on just in case your luggage is lost, or if you are separated from your bags. Also, be prepared for weather changes. Bring a light jacket or pullover for rain or cooler temperatures.
- **Remember 3-1-1 for Liquids** - Abide by the 3-1-1 rule for liquids, gels, and aerosols.
 - Use 3 ounce containers (or smaller).
 - Placed in a 1 quart-size clear plastic zip-top bag.
 - Carry 1 bag per traveler.
- **If You Bring Medicine** - Pack all medications that you will need in your carry-on. For prescription and over the counter medications, keep them in their original container. For prescriptions medications, ask your doctor for an official letter on letterhead, explaining the fact the prescribed medicine is yours. Examples of over the counter medications you may want to bring with you could include
 - Advil or Tylenol (pain reliever)
 - Benadryl (allergy)
 - Dulcolax (laxative)
 - Pepto Bismol (anti-diarrhea)
 - Dramamine (motion sickness).

- **Size Limits for Carry-Ons** - Your carry-on bag should be no bigger than 45". To determine this, add the length, depth, and height of the bag together. There is no weight limit on carry-on bags, but remember, you still will have to carry it.

What to Bring in Your Checked Bag

- **We Will Not be Hunting or Fishing in Paris** – Please leave any USA or country specific clothing at home. Also, please leave any camouflaged items at home. We do not want anyone to bring any unnecessary or unwanted attention to themselves for safety and security reasons.
- **Bring and Wear Appropriate Clothing** - Wear comfortable, but appropriate clothing. Wearing workout clothes or pajamas to a museum is not the norm in Paris. Bring clothing that you can feel comfortable in, but aren't too revealing, too short, too tight, or may not fit appropriately. Remember, you will be representing yourself, your family, and the college everywhere you go. You will also meet lots of people from many different cultural backgrounds, while visiting lots of historic places in the city. We want you to make a good first impression without offending anyone.
- **Bring 1 Nice Outfit** - Bring 1 nice outfit for the dinner and dance at Montparnasse. For ladies, this could be a dress, blouse, or skirt of appropriate length. For men, this could be slacks or nice khaki pants, a button-down shirt, or maybe even a sport coat.
- **Comfortable Shoes Are Important** - Wear comfortable shoes. Everyone will be doing a lot of walking. Be prepared to move around every day and to walk many miles with your classmates and professors while in Paris.
- **Size of Your Checked Bag** - Your checked bag should be no bigger than 62". To determine this, add the length, depth, and height of the bag together. There is a 50 lbs. weight limit on checked bags. If you are unsure about the final weight of your bag, please weigh it before you go.