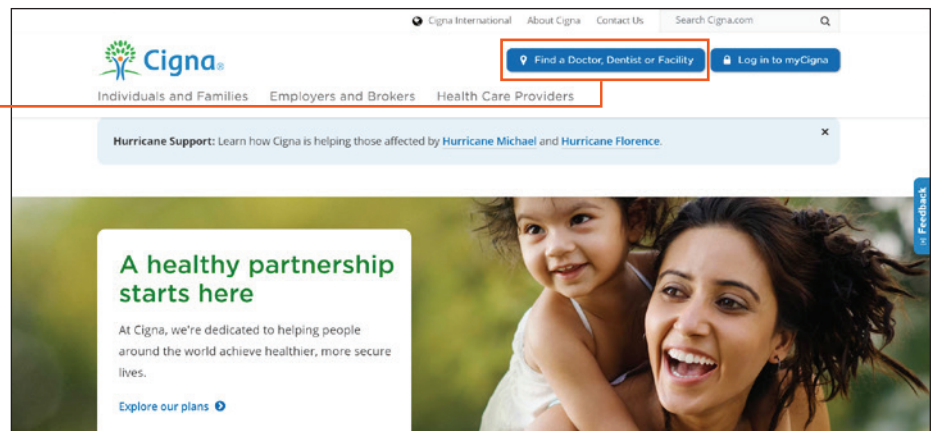


FIND A CARE PROVIDER IN JUST A FEW CLICKS

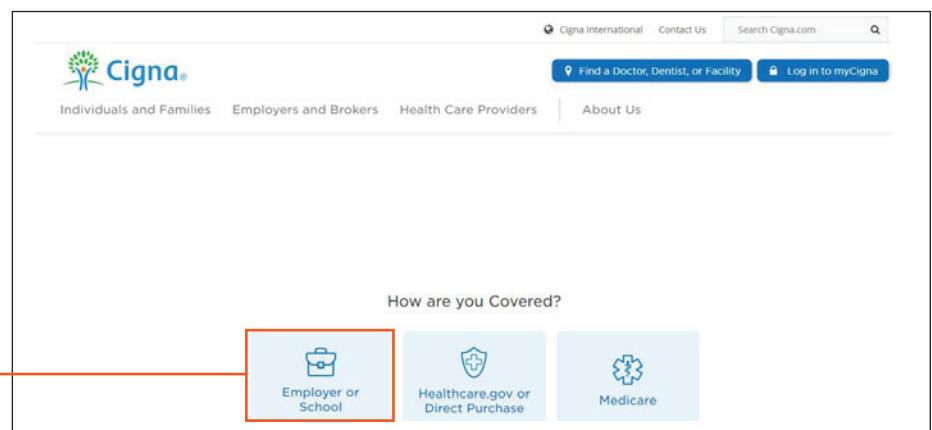
It's easy on Cigna.com

With more than 40 years in the industry and a large, national network of providers, Cigna offers you a range of choices. Finding a behavioral health provider on **Cigna.com** is simple.

1. Go to **Cigna.com/health-care-providers** and click “Find a Doctor, Dentist or Facility.”



2. On the “How are you Covered” page, select “Employer or School”



Together, all the way.®



3. Enter the geographic location you want to search and select the search type.

3a. Click on **Doctor by Type** to bring up a list of provider types, for example Behavioral Health Counselor.

- › When using the search process for the first time, you will see a pop-up window. To continue searching on **Cigna.com**, select “Continue as Guest.” (Selecting Login/Register will redirect you to **myCigna.com**)
- › Selecting “Behavioral Health Counselor” brings up a page with a list of common issues that can be selected or skipped.
- › Selecting “Addiction” or “Skip” brings up the “What type of care are you looking for?” page where you select between “Licensed Therapists”, Psychiatrists & Nurse Practitioners”, and “Behavioral Facilities & Programs”.
- › Each will have a View Results button which includes the number of providers found in the City, State entered on landing page. The City, State can be edited at any time by selecting it.
- › Selecting any of the “View Results” buttons will bring up the list of providers on the left and a map with their locations indicated by drop pins on the right.

3b. Click on **Doctor by Name** to bring up a box to type in the provider’s name. If you enter a full or partial name, such as a last name, a list of possible providers comes up from which your provider can be selected.

3c. Click on **Locations** to bring up a search box and list of potential location types.

Select “Behavioral Health Facility/ Counseling” from the list to bring up the “What type of care are you looking for?” page where you select between “Licensed Therapists”, Psychiatrists & Nurse Practitioners”, and “Behavioral Facilities & Programs” (same as under step 3a above). Continue to step 4 below for instructions for finding an in-network behavioral health facility.

4. To find an in-network



EXAMPLE:
Behavioral Health
facility select
Locations (step 3c.)
and then select
“Behavioral Health
Facility/Counseling”

4a. Click on **Continue as guest**

Login/Register

Next, select
“Behavioral Facilities
or Programs”




For “Behavioral Health Facility / Counseling”
What type of care are you looking for?




 Licensed Therapists Licensed therapists can diagnose and treat mental health or substance use concerns. They can help you develop coping skills in addition to providing other care and services. Includes psychologists, counselors, and social workers.	 Psychiatrists & Nurse Practitioners Psychiatrists and mental health nurse practitioners can diagnose and treat mental health or substance use concerns, typically by prescribing and monitoring medication, in addition to other care and services.	 Behavioral Facilities or Programs Behavioral health facilities typically include hospitals and clinics that offer specialized inpatient and outpatient treatment for detox, rehab, and other behavioral programs.
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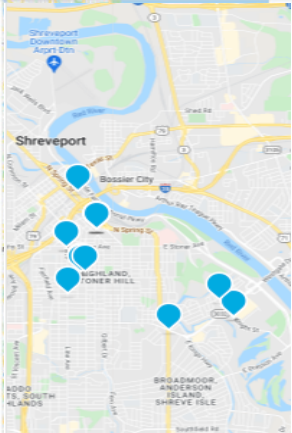
The search results page lists the providers on the left and a map with their locations indicated by drop pins on the right. These search results are specific to Behavioral Health in-network facilities.

678 In-Network results for Licensed Therapists near Shreveport, LA 71104
Medical Plan: Shreveport, LA [Change Plan](#)

Sort: Best Match | Specialties | More Options

Kristie Smith, MC, LPC 1.2 mi
2924 Knight St Shreveport, LA 71105 | (318) 828-1640
Specialties: Counseling
Additional Specialties (16): ADD/ADHD, Addiction...see all
Years in Practice: 12
Ages Treated: 6-12, 13-17, 18+, 60+
Fast Access Provider 
Virtual Counseling 
Accepting new patients 

Natalie A Berlin, MA, LPC 1.3 mi
820 Jordan St Ste 510D Shreveport, LA 71101 | (318) 402-5137
Specialties: Counseling
Additional Specialties (7): ADD/ADHD, Depression...see all
Years in Practice: 12
Ages Treated: 6-12, 13-17, 18+
Fast Access Provider 
Virtual Counseling 
Accepting new patients 




The search results also include a flag for Fast Access Providers. **The Fast Access Network** guarantees members access to first-time routine appointments within 5 business days and access to prescriber appointments within 15 business days. The network will expand nationwide throughout 2020.

Specialties: Counseling

Additional Specialties (5): ADD/ADHD, Anxiety...see all

Years in Practice: 5

Ages Treated: 6-12, 13-17, 18+

Fast Access Provider 



Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a health care professional or facility. Health care professionals and facilities that participate in the Cigna network are independent contractors solely responsible for the care and services provided to their patients. They are not agents of Cigna.

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