



# Elevate Your Healthcare

INTRODUCING

Using First Primary Care to reduce  
your Out-Of-Pocket costs

Thanks for  
coming

Please scan  
and you can  
start the FPC  
registration  
process



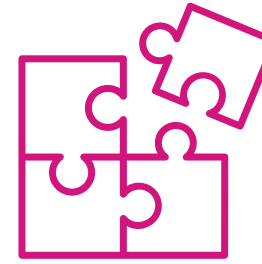


# What You Can Expect To See



- ✓ Access to Primary Care is now available whenever you want it
- ✓ Care can be free for all members.
- ✓ Concierge medicine is for every member.
- ✓ Plan costs are significantly lower
- ✓ Most employees will be extremely satisfied
- ✓ Your quarterback for healthcare will be your concierge provider
- ✓ Deductibles, copays and coinsurance are/can be waived
- ✓ You will learn that the most expensive way to pay for healthcare is through your network
- ✓ You still have freedom and choice to see whoever you want

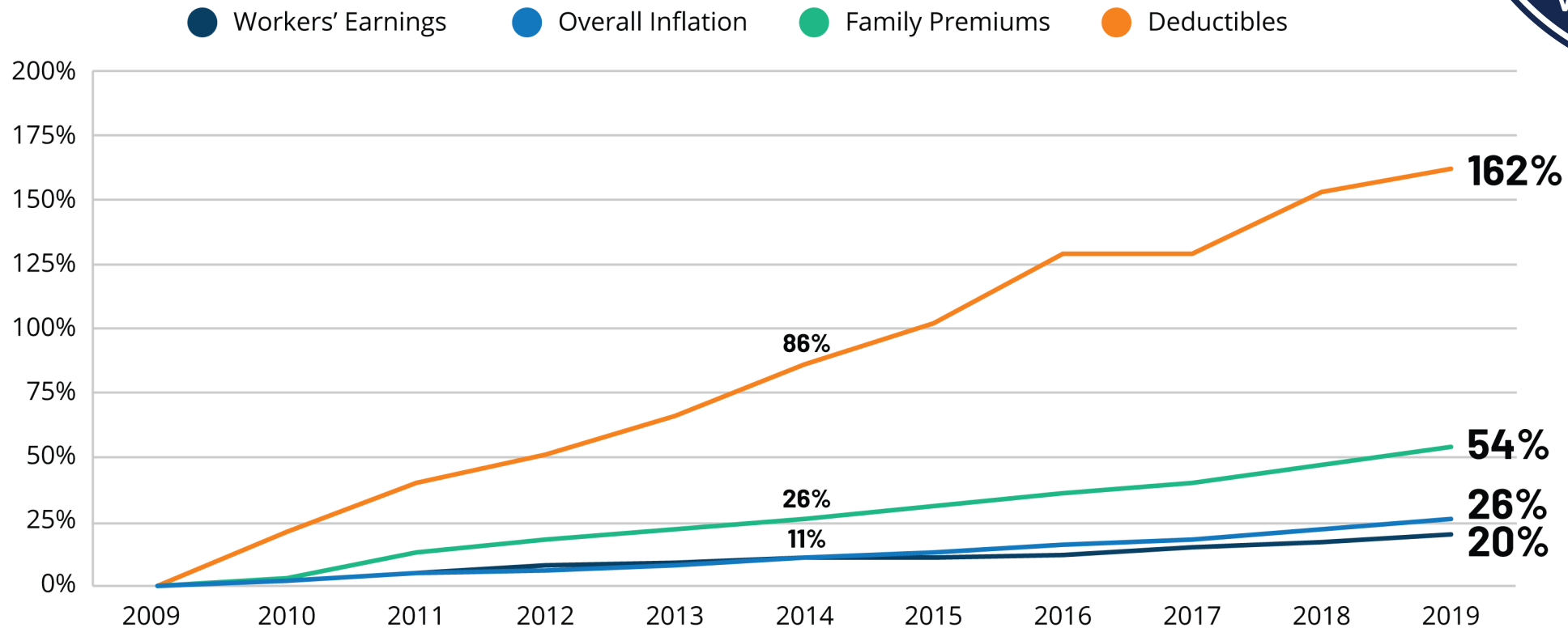
# What Are We Solving For?



- We want NO employees in medical debt
- We want your health plan costs to decrease
- We want to provide all employee's superior care

# Premiums and Deductibles Rise Faster than Worker's Earnings Over Past Decade

The core issue is the growth in premiums that is forcing employers to share more risk with employees

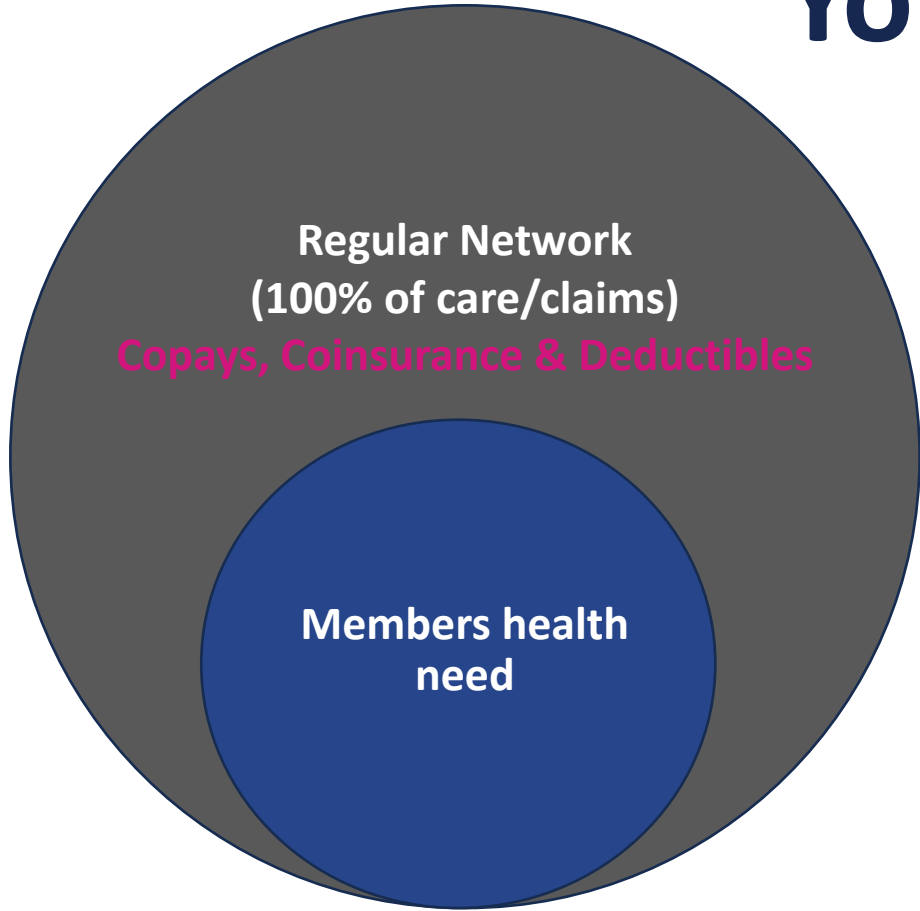


# Your OOP costs

Coinsurance	Deductible	Copay
\$40,504	\$188,391	\$44,274

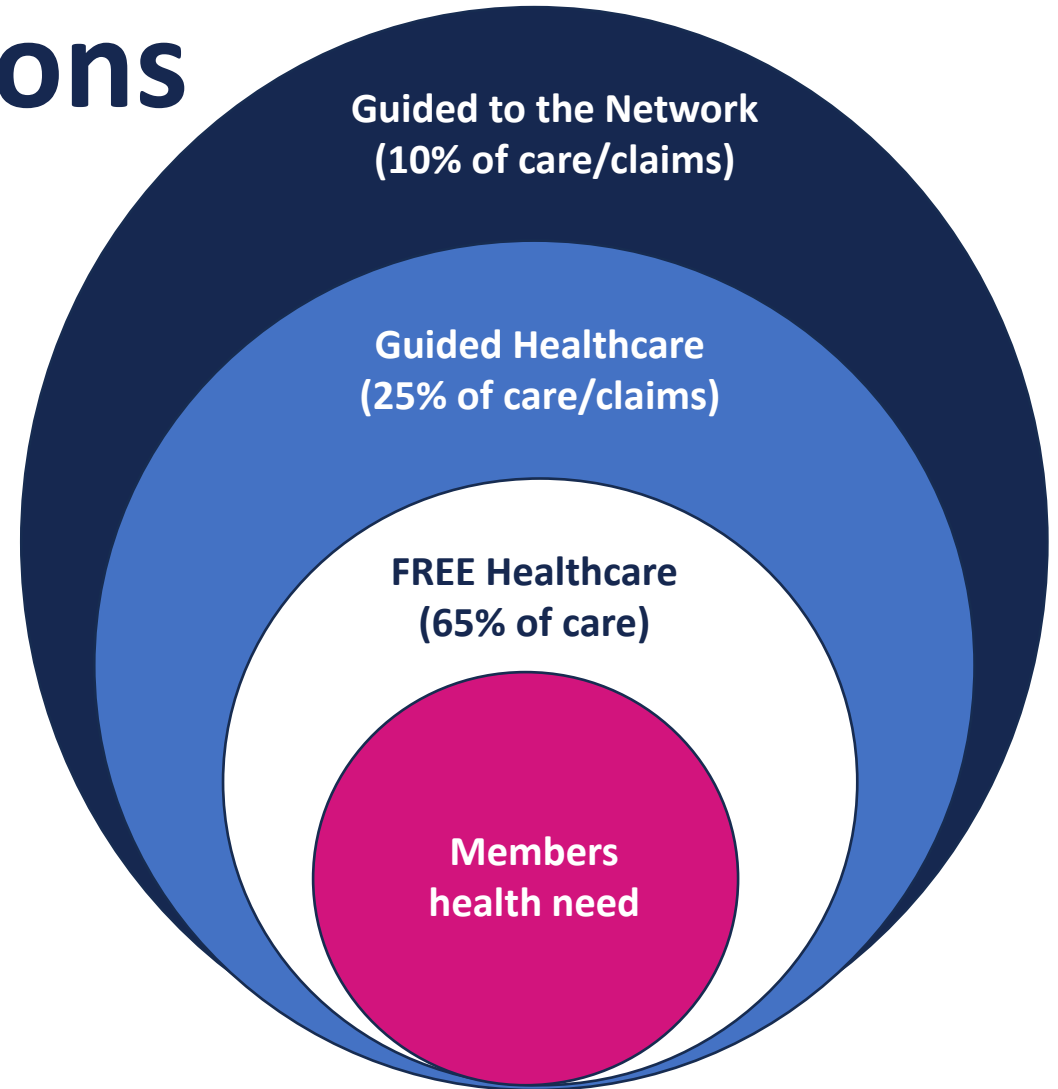
**Average:**  
**>\$2,200/Employee**

# Your Options



You can use the health plan like you always have.

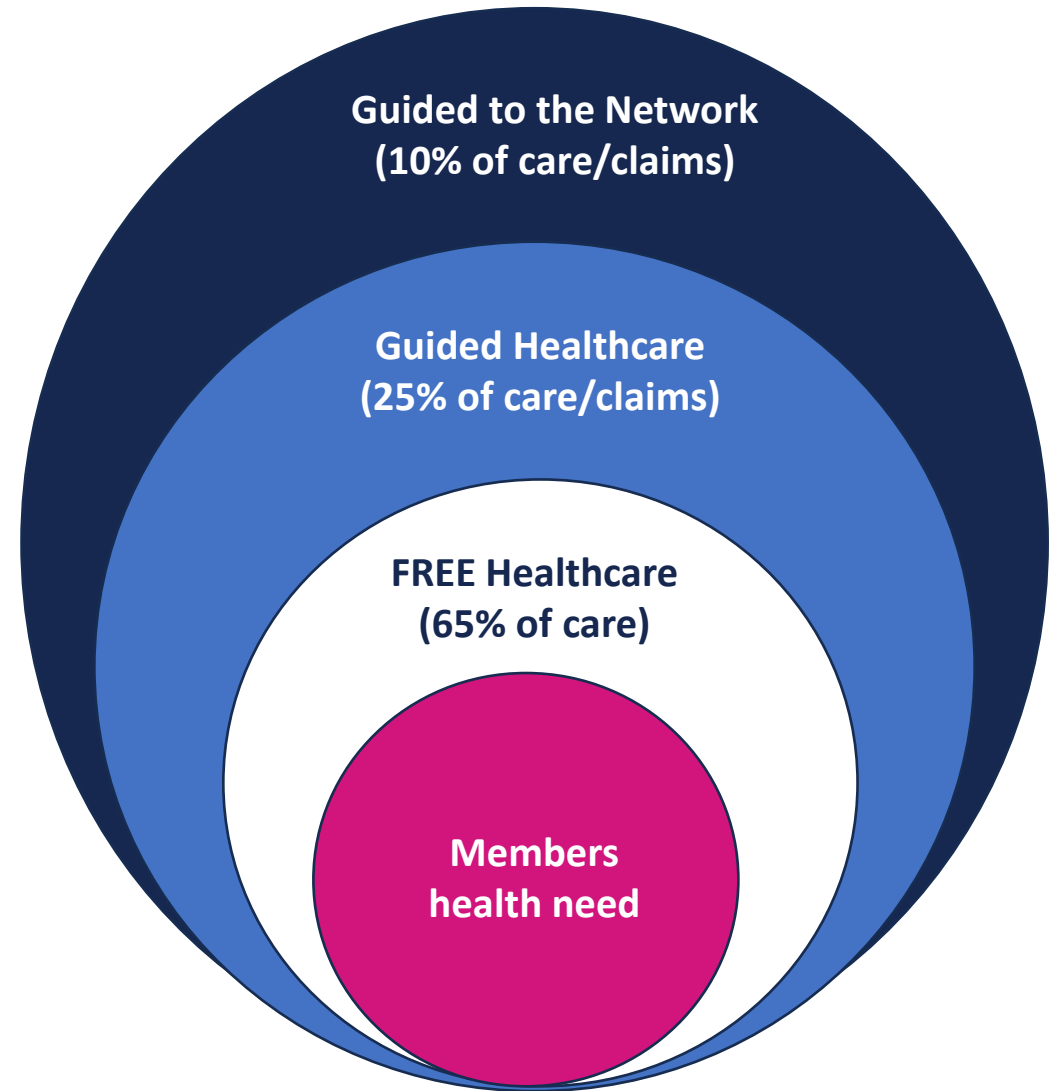
**Like previously, you WILL have out of pocket costs to pay**



You can reach out to FPC first and have **most of your out-of-pocket costs waived**

# How We Lower Your Costs

	Free Healthcare	Guided Healthcare	Guided to the Network
Inclusions in each category	Concierge Primary Care	Imaging	Imaging
	Generic RX program	Specialist Visits	Specialist Visits
	Steerage	Surgery	Surgery
	Care Advocacy	RX (expensive meds)	RX (expensive meds)
	Free Lab Tests	ER/ Urgent Care	ER/ Urgent Care
	Onsite labs/ visits	Outpatient Services	Outpatient Services
	Costs to the plan	\$0	(25-120% of Medicare)





# Welcome To First Primary Care.

## WHO WE ARE...

- We're the leading provider of premium primary care benefits
- We're the first point of call for your employees and their families when they have to engage the health system.
- Our aim to do all we can to avoid a referral to another health provider
- We provide each employee with a family doctor who they can reach via Secure text, phone/ telehealth or in-person with no copays.
- We take the pain out of healthcare to keep the doctor-patient relationship sacred.



*Awarded No. 908 on the Inc. 5000 List of Fastest-Growing Private Companies in the U.S.*

**First Primary Care has proven that they can deliver outstanding care while saving employees and their families thousands of dollars**

**First Primary Care has been in business for 8 years & works with over 200 employers**

# Summary of Inclusions From



FIRST  
PRIMARY  
CARE

- **Unlimited Virtual and in-person visits** to get answers from your provider when you need them – you can contact them via email, text, video call, and phone through our secure Spruce App.
- **Comprehensive Health Assessment** including an Rx price review, health questionnaire, baseline comprehensive lab panel, and initial visit
- **Management of Chronic Conditions** including diabetes, hypertension, high cholesterol, sleep apnea, acid reflux disease, allergies, birth control, arthritis, asthma, osteoporosis, anxiety, depression, low back pain, thyroid disease, and other chronic conditions.
- **Acute Care** for mild illness and injury consults such as urinary tract infections and upper respiratory infections
- **Preventative Care** including nutritional and weight loss counseling, insomnia, smoking, and substance use cessation
- **Care Coordination and Navigation** for medical situations that allow for it, DPC can help guide you to preferred providers that may qualify you to receive treatment, imaging, and/or procedures with little to no money out-of-pocket even if you haven't reached your annual deductible



# Free Prescription Drugs

We are reducing barriers to care

## YOUR PRESCRIPTION BENEFIT PROGRAM



With our **FREE** drug program, you'll have access to over 1,000 quality maintenance medications that you can have delivered right to your doorstep for **FREE** with membership. You'll also have access to urgent care medications that you can pick up at your local retail pharmacy for **FREE**. Our medication list contains over 95% of the top prescribed generic medications in the US for conditions such as:

- High Cholesterol
- Diabetes
- Mental Health
- Allergy
- Thyroid
- Asthma
- Men's Health
- Women's Health
- High Blood Pressure
- Urgent Care

### 2 EASY WAYS TO SAVE:

HOME DELIVERY & URGENT CARE @ RETAIL

Our **FREE** medication program takes the guess work out of what your medication will cost when you fill your prescription. We make it easy and at the lowest possible price:

**FREE!**

This is not insurance and not regulated as such. Limited Mail-Order: 6 free shipments per year. Urgent Care: \$250 max/pt



# Common Scenarios **How to use FPC**

## Cold/ Cough/ Flu

Open your spruce app and send a message your doctor

Your doctor may do a phone/video call and may write a prescription

Most prescriptions are free through Magic Pill at any major retail pharmacy

**Cost- \$0**

## Prescription Refill

Open your spruce app and send a message to your doctor

Your doctor send your prescription to either a Magic Pill or Retail Pharmacy

Magic Pill Maintenance Meds are home delivered, retail drugs have a copay

**Cost- \$0-\$55**

## Regular tests/ CDM

Open your spruce app and send a message to your doctor

Your doctor will coordinate all tests, so you have \$0 to pay

You spend 40 mins+ discussing results, action plans & follow up

**Cost- \$0**



# Serious Scenarios **How to use FPC**

## Fell and hurt my elbow

Open your spruce app and send an image to your doctor

Your doctor may order a scan. Go to the referred facility, they will be expecting you.

Any referrals from here on, will be coordinated by your FPC doctor

**Cost- \$0**

## Having chest pains

Open your spruce app and send a message to your doctor

Your doctor will do a video call and provide next steps

If you are sent to the ER/ urgent care, your doctor will have coordinated the process

**Cost- \$0**

## My child is unconscious

Go straight to the ER

While waiting, open your Spruce app and text your child's doctor

We will send all available health information to the hospital

**Cost- \$0**

# How Members Are Onboarded



## Remember, We are always here to help

**Email/ SMS** On the start date, you will receive an email and/or SMS from First Primary Care to begin the onboarding process for free healthcare. On the First day, every employee can start using First Primary Care

**Onsite onboarding-** FPC will come onsite 1-2 months after the start date, introduce members to the care team, do initial lab draws, assist with app downloads and registration, set up the first appointments and discuss one on one issues with individuals.

**Dependents-** We have a digital strategy to engage dependents. We also welcome dependents to participate in any activity run for the employees. **When we or your employer asks for emails and cell numbers of spouses, please provide them.**

# Questions

Please Scan to begin  
the FPC registration  
process

