

YMCA of NWLA
JOB DESCRIPTION

JOB TITLE: FITNESS FLOOR STAFF

INCUMBENT: Zachary Clary

BRANCH: BHP YMCA

SUPERVISOR: Executive Director

DATE: 9/24/2019

GENERAL FUNCTIONS:

Under the direct supervision of the Wellness Director, and in accordance with the Association and Branch policies and procedures, Fitness Floor Staff is responsible for helping members with basic use and operation of the fitness equipment according to the YMCA format.

QUALIFICATIONS:

The Fitness Instructor must be at least 17 years old, and present a professional appearance and an image consistent with that of the YMCA. A high school education and one year of similar experience is desirable. The Fitness Floor Staff must have the ability to help our members on the fitness floor with programming needs and individual questions concerning basic use and operation of fitness equipment. The Fitness Floor Staff must have the ability to respond to safety and emergency situations. The Fitness Floor Staff must have the ability to move and store equipment, keeping our exercise floor neat and clean. All YMCA staff are required to maintain current certification in adult CPR and First Aid. The Fitness Floor Staff must be capable of maintaining harmonious relationships with the staff, lay leaders, members, participants, and the general public.

JOB SEGMENTS:

1. Being available on the exercise floors for basic information and advice.
2. Keeping the floor clean and neat, free of clutter and dirt.
3. Reporting any problems that may occur with fitness equipment.
4. Develops positive relationships with members and provides motivational support and guidelines.
5. Increase participant's awareness of all healthy lifestyle factors.
6. Ensures safe and effective workouts. Responds to, and reports, accidents and incidents.
7. Keeps certifications, training, and knowledge current.
8. Enforces all Association and Branch policies.
9. Completes all other duties assigned by supervisor.