

Pack it!

Pack light. (You must be able to carry or roll whatever you bring with you!) Bring comfortable shoes (did we mention that we'll be walking a LOT?).

Carry-on bag

- One liquids bag permitted = 1 quart size, NO items more than 100ml (or 3 oz).
- Any critical medications that you must have on a daily basis - with an official doctor's letter explaining your prescription.
- One extra outfit (just in case luggage is delayed).
- One light jacket or pullover for rain or cooler temps.
- Headphones
- Additional entertainment or reading for the bus, airport, and/or flight.

Checked bag

- Size = 62" (add the length, height and depth of your bag together).
- Weight = no more than 50 lbs.
- Clothes
 - Comfortable and appropriate- did we mention walking?
 - For safety and cultural sensitivity, be mindful of how your clothing will represent you, Centenary, and our group.
- Shoes - comfortable ones! Again, we're walking.
- Bring at least one sharper outfit for our final evening's boat trip.

Lock it!

Use only a Transportation Security Administration (TSA) approved lock to secure your bag during travel and in your room at the FIAP.

Mark it!

Clearly mark luggage with your name, address and telephone numbers inside and outside of each bag you bring. Also, make a copy of your passport and keep it in each piece of your luggage.

Plug it!

French electricity has a voltage 230-240 (as compared to US voltage of 110), and plugs have two round pins instead of two slim prongs.

To Convert or Adapt?

- Electronic items (i.e., with a computer chip) will generally require only an adaptor (to change the size and shape of the plug).
- Personal products like hair appliances, electric razors, etc. will require a converter (not simply an adaptor).

Converters and adaptors are easy to find in shops and online.

Ring it!

If you have a phone or smartphone to bring with you, you can:

- Call your parents (don't worry, we'll remind you to do that when we arrive!)
- Use WiFi to communicate via WhatsApp, FaceTime or Skype.
- Document your trip on social media - again, WiFi is prevalent across Paris. We'll give you hashtags to use!

