

### Pack it!

Pack light. (You must be able to carry or roll whatever you bring with you!) Bring comfortable shoes (did we mention that we'll be walking a LOT?).

#### Carry-on bag

- One liquids bag permitted = 1 quart size, NO items more than 100ml (or 3 oz).
- Any critical medications that you must have on a daily basis - with an official doctor's letter explaining your prescription.
- One extra outfit (just in case luggage is delayed).
- One light jacket or pullover for rain or cooler temps.
- Headphones
- Additional entertainment or reading for the bus, airport, and/or flight.

#### Checked bag

- Size = 62" (add the length, height and depth of your bag together).
- Weight = no more than 50 lbs.
- Clothes
  - Comfortable and appropriate- did we mention walking?
  - For safety and cultural sensitivity, be mindful of how your clothing will represent you, Centenary, and our group.
- Shoes - comfortable ones! Again, we're walking.
- Bring at least one sharper outfit for our final evening's boat trip.

### Lock it!

Use only a Transportation Security Administration (TSA) approved lock to secure your bag during travel and in your room at the FIAP.

### Mark it!

Clearly mark luggage with your name, address and telephone numbers inside and outside of each bag you bring. Also, make a copy of your passport and keep it in each piece of your luggage.

### Plug it!

French electricity has a voltage 230-240 (as compared to US voltage of 110), and plugs have two round pins instead of two slim prongs.

#### To Convert or Adapt?

- Electronic items (i.e., with a computer chip) will generally require only an adaptor (to change the size and shape of the plug).
- Personal products like hair appliances, electric razors, etc. will require a converter (not simply an adaptor).

Converters and adaptors are easy to find in shops and online.

### Ring it!

If you have a phone or smartphone to bring with you, you can:

- Call your parents (don't worry, we'll remind you to do that when we arrive!)
- Use WiFi to communicate via WhatsApp, FaceTime or Skype.
- Document your trip on social media - again, WiFi is prevalent across Paris. We'll give you hashtags to use!

